



## *Code Of Conduct*

*The code of conduct was developed for the participants of **coaches, parents, and Athletes of Runnin On Faith** AAU Track & Field Organization. The code is broken down into three sections, coaches, parents and Athletes. Following the code of conduct is our disciplinary policy, parent and coach communication guide as well as our code of conduct contract, which must be signed by each athlete, parent and head coach prior to the start of the season. Please make sure each athlete and parent sign the consent form after reading the team rules and guidelines in its entirety. (Pages 5 and 6 must be signed and returned to the coach during your first week of practice).*

### **Runnin On Faith Track Club**

#### **\*CODE OF CONDUCT\***

**Coaches:** ROFTC AAU **Coaching Philosophy:** It's not about one person but everyone's contribution, whether big or small, reaching their potential to make for a successful Track season! Coaches will communicate and meet with parents and athletes after each practice. Coaches' meeting must be called by head coach only unless given permission by the head coach.

**1.** The ROFTC AAU coaching staff will teach & Train players how to preform within a system and the importance of discipline and team execution.

2. Coaches will give each player a fair chance to earn their spot on a relay team during the course of practices.
  3. Coaches will have practice plan, drills and strategies well organized prior to the start of practice.
  4. Coaches must treat opponents with due respect, both in victory and defeat by demonstrating positive sportsmanship.
  5. Coaches are prohibit from promoting another track club while encouraging Athletes/coaches to join another team while coaching for ROFTC. (That Coach or Parent will be removed from the team immediately. However all Coaches are role models and will accept responsibility for their own conduct as well as the conduct of the team during practice and track meets. Coaches or parents discouraging inappropriate behavior in practices and meets will be removed without warning.
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**Parents:** Throughout the season, parents must understand that the coaches are in control during practice /track meets. However, your child will face highs and lows both individually and as a team. They will need all the support you can offer as their parent.

1. Choosing an event for your child to run is a good start but your child will be evaluated and placed in an events that will help him/her to reach their goals. Athletes events will be determine by coaches and parents. Parents should alone the coaches to place the child in each event that will be fit. Parents should always talk with the coaches moving forward if you feel your child should be moved into another running event. It is always best that a parent communicated with each coach with a cool head. In the case of any outburst toward a coach or coaches; that parent will be removed from the team until future notice. Coaching staff will make all decisions as a team. The best way to get your point across is through common conversation.
2. Any type of negativity toward players, parents, coaches or officials is draining and unproductive. After the first warning we will kindly ask you to leave the program.
3. Parents will not be allowed in the gym during team practices. In an effort to keep kids focused and in practice, we ask parents to remain off the track at all times. However we do allow parents to be in the gym and on the track because we are all family.
4. Be an encourager in the stands and at home, encouraging your daughter to keep perspective in both victory and defeat.
5. If at any point in the season you feel compelled to speak with a coach regarding your child concerns and or overall development we ask that you follow The Parent Coach Communication Policy. **Non-Refundable/Refund Policy** - Please be mindful and note that there is no Refunds on registration, uniforms or Junior Olympics. Paid in Full or any partial payments are Non - Refundable.

**Players:** Commitment is a team-first attitude where you show up every day and give your best. ROFTC success is an experience beyond victory. It is when the entire focus is on collective accomplishment, WE ARE A FAMILY.

1. Team practices will not be a social event. With only three 90 minutes practices a week we can't afford to waste time. Players should come to practice ready to run.
2. Always be 10-15 minutes early for any scheduled appointment and this includes track meets, practices and team meetings.
3. When dealing with coaches, parents, or younger children always be cordial as you are representing ROFTC. Be a role model! You never know who's watching.
4. Take advantage of our Open Door Policy: Don't be afraid to speak up. Communication with your coach is essential.
5. We understand that some of you are playing another sport. Unless approved by the director and coach prior to the season, there are consequences for consistent missed practices.

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**\*STANDARD DISCIPLINARY ACTION\***

Violations of the ROFTC Code of Conduct are choice behaviors. Athletes who choose to break team rules will be choosing to receive the appropriate consequences.

Depending on the severity of the violation the following actions will be put into effect:

- Extra conditioning activities
  - Decrease in events time minutes
  - Practice suspension
  - Game suspension
  - Team suspension
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## \*GUIDELINES FOR PARENT/COACH COMMUNICATION\*

There are situations that may require a meeting between the coach and parent. This is to be encouraged. It is important that both parties have a clear understanding of each other's position.

Expectations for Parents of Athletes in contacting an ROFTC Coaches:

### First Contact

- First contact should be between the athlete and the coach. Encourage your child to advocate for him/herself. The player and coach must develop a mutual respect and understanding that allows them to discuss issues openly and honestly while striving to gain a better understanding of each other's roles, responsibilities and perspectives.

The parent of the athlete should contact Head Coach, **Jimmie Talley (864) 313-4552**

### Second Contact

- Parents having questions or concerns must address the director privately not in front of the team. DO NOT approach a coach immediately following a track meet. We ask you to wait until the team has concluded the weekend track meet before addressing the issue.

During the conversation with the director please keep in mind there are some issues that will not be discussed. These could include:

1. Coaches Strategy For Track Meet
  2. Other athletes on the team May Need the Chance to do something different to better him/her.
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**\*CODE OR CONDUCT CONTRACT\***

**Please Sign Thank You!**

**Must be signed and returned during the first week of practice.**

**Parent/Guardian:**

**By signing this document, I**

**(Print) \_\_\_\_\_ parent/guardian indicate that I have knowledge, understanding and agreement to these standards, set forth in order for my child**

**\_\_\_\_\_ to represent ROFTC as a participant in AAU Track & Field. I am also aware that any violation on the part of my child, to any of these standards, shall result in the consequences contained within this document.**

\_\_\_\_\_  
**Signature**

**Date**

**Player:**

**By signing this document, I**

**(Print) \_\_\_\_\_ athlete/player indicate that I have knowledge, understanding and agreement to these standards, set forth in order for me to represent ROFTC as a participant in AAU Track & Field. I am also aware that any violation to any of these standards shall result in the consequences contained within this document.**

\_\_\_\_\_  
**Signature**

**Date**